

Counseling with Couples

When working with you, it is expressly understood that at LifePaths, we consider the “client” to be primarily your relationship and also each of you as individuals. In order to maintain fidelity to both you and to your relationship, there are important agreements for us to make.

- 1) Your counselor may potentially share any information conveyed by either of you with the other member of the couple. At times, there arise instances where one partner in a couple wants to tell the counselor something without the other one knowing it. Please do not expect your counselor to keep secrets where doing so jeopardizes the therapeutic work or the relationship with either of you or your relationship. Please be aware that information you choose to share with your counselor that is particularly pertinent to both of you may come out in counseling. This pertains to all face-to-face, written, and phone conversations and messages.
- 2) If your counselor meets with one or both of you in individual sessions, we will likely share contents of that meeting with the partner at the next couple’s session.
- 3) All information revealed to your counselor by each of you shall be considered strictly confidential and it will not be revealed to any other person without mutual consent of both of you, except as described in the legal exceptions of (a) Imminent danger to self or to others (suicidality and homicidality) (b) Legal requirements to report child abuse (c) grave disability from a mental illness. Furthermore, each of you waives the right to subpoena any records, LifePaths, LLC, or your counselor for testimony or production. This further supports your counselor’s fidelity to both of you and to your relationship, and discourages your counselor from taking sides in a legal dispute.
- 4) The continued participation by each person is voluntary. Either person may suspend or terminate counseling at her or his individual request.

I HAVE READ AND UNDERSTAND THE ABOVE POLICIES. I CONSENT TO COUPLES COUNSELING UNDER THE AGREEMENT STATED ABOVE.

Client Name (printed)

Client Signature

Date

Client Name (printed)

Client Signature

Date